



### **GISKC REGISTRATION APPLICATION FORM**

#### Dear Parents and Students,

Welcome to "Shorinryu - Shotokan" Self-Defending, now entering its Fourth year at Ghiyasuddin International School! Learning "Shorinryu - Shotokan" karate is lots of fun. It is also challenging. Learning and enjoying karate works best when everyone agrees to basic karate manners and Self Defence and I request that parents and children discuss this together.

- Show respect at all times to your teachers, your classmates and yourself
- Pay close attention to, and follow all, instructions.
- This is one way to show respect to your teacher and to the art of karate.
- Try your best at all times. This is called having a strong "fighting spirit," and is a way to show respect to your teacher and to yourself.
- Please show respect for your classmates by focusing on your own karate not commenting to and about others during class.
- Proper clothing is important! The traditional white Gi (training uniform) is required, and should be worn only for karate class, neatly hemmed and kept clean. Until you do get a gi, though, please wear school activity clothing that is moderately loose-fitting and comfortable. Pockets should be emptied, and pants legs rolled up above the ankle. Your hands should be visible. Dresses, skirts, and ultra-baggy pants are not suitable. A student wearing clothing to school that is not suitable for karate should bring a change of clothing. Please be dressed in time for the beginning of class.
- All jewellery and watches should be removed before class begins, and long hair tied back. Throw away any gum you may be chewing.
- If you have an injury, please tell me prior to class. I will help you participate without hurting yourself more.
- Standing just outside the doorway is sometimes distracting to the students. I am available after class to discuss any questions or concerns.
- Except in emergency situations, parents should inform me beforehand if a student needs to leave early.
- Probably the most important principle of karate training is keeping harmony and peace in daily living. We are not learning to kick and punch in order to pick fights, or to show off. Any student reported using their karate skills outside of class except in the most extreme circumstances may be dismissed from this class.

Please do not hesitate to speak with me if you have any questions or concerns.

Sincerely,

Pakkir Raffani, <mark>GISKC</mark> Sensei

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### KARATE STUDENT'S OATH

As a Karate Student, I promise to my teachers, my fellow students, and myself: I will always practice my hardest in class and not Disrupt others from their practice. I will never show off my karate in order to impress others. I will never use karate to start a fight or to hurt Someone else when it could have been avoided I will not brag about my karate. I will treat my art with respect and pride, and never misuse it.









## GISKC SELF DEFENCE CLUB- 2018



Parent's /Guardian's Name [If Minor]	
	<u>Annx Student S Filoto</u>
AddressContact No	
Occupation of Parents /Guardians	
Parents /Guardians Office contact No	practiced 10,000
Viber NoWhatsApp No	kicks once, but I
Please let your instructor kn <mark>ow if you</mark> begin taking med	dications that could feer the men when
affect alertness, cardiovas <mark>cular capac</mark> ity, vision, balance	e or anything else has practiced one
related to your training.	
Do you have a history of any of the following (check a Diabetes Asth	
	epsy or seizures
Allergies (please specify)	
	reby certify that the ab <mark>ove form de</mark> scrib <mark>es my</mark>
physical condition to the fullest extent possible. I und	derstand that this form d <mark>oes not</mark> in any way limit or
<mark>invalidate th</mark> e indemnity a <mark>nd</mark> Hold harmless I have si	-
MVR 1400/- P.T (MVR 350/- P.M*12) payable to GISKC Sensei,	
and Coaching fee, karate uniform Separate [MVR 350/-] – Mon	
Do you agree your child participating in Chess Ka	
Do you agree your child participating in Life Style	
	and fees paid are Non-refundable
Principles of Karate: [Please Read Carefully] Henceforth I shall faithfully train to strength my mind	and hads
am willing to endure rigorous training to achieve my	
As my strength increases I shall seek to cultivate a grea	
I shall not use my skill outside the dojo except in the n	
At all times, I shall try to avoid inflicting injury upon ar	nother person.
shall train with the spirit of humility.	
have read and am in accord with the stated principles of G	GISKC; I will pay my dues the first week of each month in
accordance with rules of the Dojo.	1777
WHEREAS, the undersigned students intend to train in the a	
student that the following is involved in karate(a) physical o	contact between students, (b) physical contact between
student and instructors, (c) Vigorous exercises.	
NOW, THEREFORE, the undersigned hereby expressly agrees,	, while training in the art of karate to release and save
harmless the GISKC and its representatives, employees and t	eachers from liability for any injury to the students resulting
from any case whatso <mark>ever,</mark> accepting only the gross negligen	ce of said representatives, employees and teachers. It is
<mark>further agreed by th<mark>e und</mark>ersigned that this release and agree</mark>	ement to save harmless shall extend to and include the
owners of the building in which the Dojo (school) is located a	as well as any lessee or sub – lessee th <mark>ereof.</mark> After an
approved leave, if you are failure to report within 30 days. Pa	arents are requested to informed to the club within 10 days.
But that month Fees will be collected. If the student failed to	pioin the practice more than 30 days, then that Student will
be removed from the GISKC karate club, to give an opportuni	
	nt's name), the undersigned, am a parent or legal
	me) and have read and endorsed the "Indemnification
and Hold Harmless Agreement" between my child and	
and my child's participation, further agree to indemnify	
	or facilities Used by GISKC from any cause of action or
claim I might have arising out of my child's participation	in in the activities of GISKC.
, Parent's /Guardia	n's Signature (date)

KARATE in OLYMPICS