

GISKC SELF DEFENCE CLUB- 2020



Dear Parents and Students,

Welcome to "Japan Shotokan Karate Association of Maldives"

now entering JASKA IS Fifth year at Ghiyasuddin International School! Learning "Shotokan" karate is lots of fun. It is also challenging. Learning and enjoying karate works best when everyone agrees to basic karate manners and Self Defence and I request that parents and children discuss this together.

- Show respect at all times to your teachers, your classmates and yourself
- Pay close attention to, and follow all, instructions.
- This is one way to show respect to your teacher and to the art of karate.
- Try your best at all times. This is called having a strong "fighting spirit," and is a way to show respect to your teacher and to yourself.
- Proper clothing is important! The traditional white Gi (training uniform) is required, and should be worn only for karate class, neatly hemmed and kept clean. A student wearing clothing to school that is not suitable for karate should bring a change of clothing. Please be dressed in time for the beginning of class.
- All jewellery and watches should be removed before class begins, and long hair tied back. Throw away any gum you may be chewing.
- If you have an injury, please tell me prior to class. I will help you participate without hurting yourself
- Standing just outside the doorway is sometimes distracting to the students. I am available after class to discuss any questions or concerns.
- ♣ Except in emergency situations, parents should inform me beforehand if a student needs to leave early.
- Probably the most important principle of karate training is keeping harmony and peace in daily living. We are not learning to kick and punch in order to pick fights, or to show off.
- Any student reported using their karate skills outside of class except in the most extreme circumstances may be dismissed from this class.

Please do not hesitate to speak with me if you have any questions or concerns. My Contact Number: 7427437., 9669338. Thank you for your continued support.

Student Name		Index No	Affix Student's Pho
		Gender	AIIIX Student's Pilo
Parent's /Guardian's I	Name [If Minor]		"I fear not
			man who ha
			practiced 10
		Viber No	kicks once, l
GISKC & JSKA INDEMNIFICAT			fear the ma
This agreement	entered into this	date	has practice
between	(student	's name), GISKC has agreed to teach c	asses kick 10,000
		has provided equipment facilities for	Bruco pp
same, and WHEREAS, Stu	dent acknowledges full a	awareness of the risk of harm involve	d in
	_	onditioning, STUDENT THEREFORE AG	
Student's Signature		affiliation with GISKC. , GISKC Sensei's Signature	ahaling.
Medical Release Form			
Please let your instructo	r know if you begin tak	king medications that could affect al	ertness, cardiovascular
capacity, vision, balance	or anything else relate	ed to your training.	
Do you have a history of	of any of the following	g (check all that apply)?	
Diabetes		Asthma	
Heart disease		Epilepsy or seizures	
Allergies	L IF	so (please specify the details)	
Photo Release Form			
Lundersigned, consent t	to the use of any photo	ographs, furnished by me or taken	of me/my child, by GISKC









for publicity, promotion or other use, and waive any and all claims for compensation for said use.









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Registration and Coaching fee, karate uniform Separate [MVR 500/-] – Monthly Termly I understand that all agreement and fees paid are Non-refundable Do you agree your child participating in Chess Karate Sparring tournaments? Yes, No
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Do you agree your child participating in Life Style Skill Work Sheet? Yes, No
Principles of Gems International Shotokan Karate Club (GISKC): [Please Read Carefully]
Henceforth I shall faithfully train to strength my mind and body.
I am willing to endure rigorous training to achieve my goal and the spirit of humility.
I shall not use my skill outside the dojo except in the most Extreme circumstances.
I have read and am in accord with the stated principles of GISKC, I will pay my dues the first week of each month in
accordance with rules of the Dojo. WHEREAS, the undersigned students intend to train in the art of Karate, and
WHEREAS, it is understood by said student that the following is involved in karate(a) physical contact between
students, (b) physical contact between student and instructors, (c) Vigorous exercises. NOW, THEREFORE, the
undersigned hereby expressly agrees, while training in the art of karate to release and save harmless the GISKC and its
representatives, employees and teachers from liability for any injury to the students resulting from any case After an
approved leave, if you are failure to report within 30 days. Parents are requested to informed to the club within 10 days.
But that month Fees will be collected. If the student failed to join the practice more than 30 days, then that Student will
be removed from the GISKC karate club, to give an opportunity to wait listed students.
PARENTAL CONSENT (if student is under 18 years of age)
I, (Parent's name), the undersigned, am a parent or legal
guardian of (Child's name) and have read and endorsed the "Indemnification
and Hold Harmless Agreement" between my child and GISKC, and approving of said agreement and release
and my child's participation, further agree to indemnify and hold harmless GISKC; its instructors, students
and Board of Directors; and all owners of the premises or facilities Used by GISKC from any cause of action or
claim I might have arising out of my child's participation in the activities of GISKC.
, Parent's /Guardian's Signature (date)
SCHOOL TERMS OF AGREEMENT
I a learner at School,
understand the rules and their implications and hereby commit to:
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